

COVID_Self_Continuity_2020

Survey Flow

Block: self_continuity_2020 (4 Questions)

Page Break

Start of Block: self_continuity_2020

sc0 For each of the following statements, please choose one of the following for each of the time points specified:

1- Totally disagree | 2- Mostly disagree | 3- Somewhat disagree | 4- Somewhat agree | 5- Mostly agree | 6- Totally agree

sc1 Overall...

	As of March 2020					As of June 2020					As of Sep 2020			
	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)

I feel like
my life as I
knew it
has ended
due to the
pandemic:
there is
now a
before and
after (1)

☐☐☐☐☐☐☐☐☐

I am still
the same
person as
I was
before the
pandemic
(2)

☐☐☐☐☐☐☐☐☐

My life is
on a
different
trajectory
because
of COVID-
19: my
plans
have been
altered (3)

☐☐☐☐☐☐☐☐☐

My values
and
worldview
have not
changed
over the
past year
(4)

☐☐☐☐☐☐☐☐☐

My
personality
has
changed
recently:
for
instance, I
have
become
more/less
anxious,
angry, etc.
than my

☐☐☐☐☐☐☐☐☐

usual self
(5)

sc2 Due to the events of 2020...

	As of March 2020					As of June 2020					As of Sep 2020			
	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)

I have adopted new physical habits (using hand sanitizer, wearing a mask, standing 6-feet away from others) (1)

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

The way I think about which social group I belong to has changed (2)

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

I socialize with others the same way I always did (no social distancing, staying at home or avoiding crowds for me) (3)

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

I have stopped talking to some people in my social circles because we have very different opinions about

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

things (4)

Personally,
the events
of 2020
have not
changed
much in
my life (5)



sc3 Since the pandemic started...

	As of March 2020						As of June 2020						As of	
	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 - Totally agree (6)	1 - Totally disagree (1)	2 (2)

I have
suffered
important
losses
(illness or
death of a
loved-one,
job or
housing loss)
(1)

☐☐☐☐☐☐☐☐

I have
(re)connected
with what is
most
important to
me (2)

☐☐☐☐☐☐☐☐

I have the
feeling that I
have lost
control over
my life (3)

☐☐☐☐☐☐☐☐

I feel like my
life has lost
its meaning /
purpose (4)

☐☐☐☐☐☐☐☐

I have found
new goals in
life (5)

☐☐☐☐☐☐☐☐

End of Block: self_continuity_2020
