

# COVID\_EMO\_Space

## Survey Flow

Block: Emot (23 Questions)

Page Break

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### Start of Block: Emot

EmoS1 Introduction: We have a number of scales that describe properties of different feelings/emotions. Please rate your current emotion on each of those scales.

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EmoS2 Please rate the extent to which your current emotion is experienced in the mind or in the body.

- ☐ experienced mostly in the mind (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ experienced mostly in the body (7) (7)
-

EmoS3 Please rate how much control you have over your current emotion.

- ☐ cannot control my emotion at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ my emotion is easy to control (7) (7)
- 

EmoS4 Please rate how pleasant or unpleasant your current emotion is.

- ☐ very unpleasant (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very pleasant (7) (7)
-

EmoS5 Please rate how physically aroused/stimulated your current emotion makes you feel.

- ☐ not aroused at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ highly aroused (7) (7)
- 

EmoS6 Please rate the degree of safety or unsafety evoked by your current emotion.

- ☐ evokes a strong sense of unsafety (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ evokes a strong sense of safety (7) (7)
-

EmoS7 Please rate how happy your are feeling right now.

- ☐ not happy at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very happy (7) (7)
- 

EmoS8 Please rate how sad you are feeling right now.

- ☐ not sad at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very sad (7) (7)
-

EmoS9 Please rate how afraid (which is immediate and directed towards the present situation) you are feeling right now.

- ☐ not afraid at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very afraid (7) (7)
- 

EmoS10 Please rate how worried (which is more diffused and longer lasting towards a future threat or risk) you are feeling right now.

- ☐ not worried at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very worried (7) (7)
-

EmoS11 Please rate how surprised you are feeling right now.

- ☐ not surprised at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very surprised (7) (7)
- 

EmoS12 Please rate how angry you are feeling right now.

- ☐ not angry at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very angry (7) (7)
-

EmoS13 Please rate how physically disgusted (towards things like vomit and spoiled food) you are feeling right now.

- ☐ not disgusted at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very disgusted (7) (7)
- 

EmoS14 Please rate how morally/socially disgusted (towards acts of violating social norms) you are feeling right now.

- ☐ not disgusted at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very disgusted (7) (7)
-



EmoS15 Please rate how strong or weak your current emotion is.

- ☐ very faint emotion (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very strong, intense emotion (7) (7)
- 

EmoS16 For the emotion you are currently experiencing, please rate approximately how long do you think it will last?

- ☐ emotion is very brief and fleeting (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ emotion sticks for a long time (7) (7)
-

EmoS17 Please rate how consciously aware you are of your current emotion.

- ☐ in the background, I might not notice I have this emotion (1) (1)
- ☐ (2) (2)
- ☐ (3) (3)
- ☐ (4) (4)
- ☐ (5) (5)
- ☐ (6) (6)
- ☐ strongly in the foreground, I'm very aware of having this emotion (7) (7)
- 

EmoS18 Please rate the degree to which your current emotion disrupts other ongoing activities.

- ☐ not disruptive at all, I could be doing many things and going about life as usual while feeling this emotion (1) (1)
- ☐ (2) (2)
- ☐ (3) (3)
- ☐ (4) (4)
- ☐ (5) (5)
- ☐ (6) (6)
- ☐ very disruptive, I can't do anything else while I have this emotion (7) (7)
-

EmoS19 Please rate how often you've felt like this.

- ☐ very rare, not often experienced (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ very common, I experience this emotion on a regular basis (7) (7)
- 

EmoS20 Please rate the degree of fairness or unfairness evoked by your current emotion.

- ☐ evokes a strong sense of unfairness (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ evokes a strong sense of fairness (7) (7)
-

EmoS21 Please rate whether your current emotion is intrinsic (primarily a reflection of you, i.e. your personality, your abilities, your past experiences) or extrinsic (reflection of the surrounding situation, i.e. other people, external forces)?

- ☐ completely intrinsic (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ completely extrinsic (7) (7)
- 

EmoS22 Please rate the degree to which your current emotion involves anticipation of an event that would or might occur in the future.

- ☐ not related to anticipation of future events at all (1) (1)
  - ☐ (2) (2)
  - ☐ (3) (3)
  - ☐ (4) (4)
  - ☐ (5) (5)
  - ☐ (6) (6)
  - ☐ totally related to anticipation of future events (7) (7)
-

EmoS23 Please rate the degree to which your current emotion involves remembering events occurred in the past.

- ☐ not related to past events at all (1) (1)
- ☐ (2) (2)
- ☐ (3) (3)
- ☐ (4) (4)
- ☐ (5) (5)
- ☐ (6) (6)
- ☐ totally related to past events (7) (7)

End of Block: Emot

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